

# CHARBQ

Cook with charcoal in your existing gas grill!

## Safe Cooking Temperatures

Product	Internal °F
<b>Beef &amp; Veal</b>	
Ground	160
Steak and roasts medium	160
Steak and roasts medium rare	145
<b>Chicken &amp; Turkey</b>	
Breasts	165
Ground, stuffing, and casseroles	165
Whole bird, legs, thighs, and wings	165
<b>Seafood</b>	
Fish (any type)	145
Shellfish	
Any Type	Cook until pearly & none opaque
<b>Lamb</b>	
Ground	160
Steak and roasts medium	160
Steaks and roasts medium rare	145
<b>Pork</b>	
Ground	160
Chops, fresh (raw), ribs, roasts	145
Fully cooked ham (to reheat)	140

All temperatures are based off of the USDA's website